



"Alyssa's training helped me understand the educational impact of identity and student's access to learning, and how I can look at my own practices to make sure that I'm creating a space students feel where safe enough to learn."

Alyssa F. Fenix

LGBTQ+ Trainer & Consultant | she/her/hers

Email: alyssa.fenix@gmail.com Phone: (443)812-9461



Alyssa is passionate about her mission of widespread inclusive practices surrounding LGBTQ+ individuals, individuals with disabilities, and their families. As a Transition Coordinator and certified educator in Maryland, she is committed to the empowerment of students to be self-advocates, lifelong learners, and change makers, while supporting families, community stakeholders, and schools in the important work of helping students thrive in the world and create sustainable change.

Her degrees in Psychology, Special Education, and LGBTQ+ Studies, as well as her own experiences as a queer woman of color with a learning disability, are at the center of her work as she deconstructs barriers to inclusion in educational, healthcare, community, and workplace settings.

Alyssa customizes her services through multiple modalities to include:

- Professional Development trainings
- Live and asynchronous webinars
- Small group & individual coaching
- Consultative sessions
- Literature & resource creation

You can also find Alyssa via her "If I Knew Then Letters Project", which is an ongoing collection of letters in which LGBTQ+ Adults write letters to their teenage selves reflecting on their journey. Workshops available for LGBTQ+ youth, adults, and allies.



Popular Workshops

Allyship & Accommodations

Breaking Away from the Binary

Creating Safe and Supportive Environments for LGBTQ+ Individuals

The Emotional Wellbeing and Mental Health Impact of Supporting LGBTQ+ Youth

Profession-ALLY Speaking

Visibility Speaks Volumes



Additional Workshops & Collaboration Opportunities:

- Intersectionality
- Privilege & Bias
- Micro-aggressions
- Creating Inclusive Materials
- LGBTQ+ Social Stories
- Inclusive Event Coordination
- Parent Support
- Family Engagement
- Gender Sexuality Alliances
- Policy & Procedure Reviews
- Speaking Engagements

Workshop Details

Allyship & Accommodations: Not Just a Single Issue (1-2 hours)

Conversations around LGBTQ+ inclusive spaces are becoming increasingly critical when supporting neurodiverse populations and individuals with emotional disabilities. We'll examine the growing incidence and overlap of LGBTQ+ identity with emotional and learning disabilities and how the intersections of Gender, Sexuality, and Disability impact supporting Special Education students and their families.

Breaking Away from the Binary (1-2 hours)

One of the most supportive things you can do for a Transgender or Gender Non-binary individual is use their self-identified name and pronoun. In this interactive session, participants will explore the differences between gender identity, gender expression, and gender attribution. Through guided discussion, we'll practice using gender neutral pronouns appropriately, sharing pronouns in introductions, and learn why it's important.

Creating Safe & Supportive Environments for LGBTQ+ Individuals (2-3 hours)

This introductory workshop breaks down foundational concepts and best practices around working with and for LGBTQ+ youth and adults. Learn about terminology, statistics, tips for creating inclusive settings, and best practices for being a supportive ally. This is an interactive workshop utilizes Universal Design to appeal to a variety of participants, in which strategies are differentiated and background knowledge is formatively assessed throughout the session.

The Emotional Wellbeing & Mental Health Impact of Supporting LGBTQ+ Youth (2 hours)

LGBTQ+ people experience higher risks for mental illness due to the pervasive stigma associated with their LGBTQ+ identity, as well as their access (or lack of) to supports. Discover how both mental health and educational settings can provide better support and navigate the barriers the intersection of LGBTQ+ identity and mental illness presents.

Profession-ALLY speaking (2 hours)

This session focuses on productive communication with students, colleagues, parents, and other community stakeholders to hold one another accountable and create more opportunities for personal and professional growth. You'll engage with one another through role play scenarios, case study discussions, and receive tangible takeaways for inclusive dialogue. We'll also delve into how to address a situation when inclusive policies are not being implemented for LGBTQ+ individuals.

Visibility Speaks Volumes: Inclusive Curriculum (1- 2 hours)

In this workshop we will explore how to embed LGBTQ+ inclusive practices into any curriculum and build opportunities for cross-curricular content connections. Curriculum and instruction can be enhanced across all subjects when you implement the inclusive references and strategies we discuss, designed to increase representation within instruction. Learn ways to increase students access to LGBTQ+ supports through tangible resources, units that reflect their identities, and a crash course on minor adjustments that will make a major impact.